

EAP Transition to VITAL WorkLife

VITAL WorkLife

Overview

Lewis Drug is joining the employee assistance program (EAP) with Sanford Health as part of integration. Lewis Drug will transition from the Avera EAP to VITAL WorkLife. We want to ensure a smooth transition and support you as part of our commitment to employee well-being.

Current State

- Lewis Drug currently uses Avera for EAP services.
- Employees and their families have access to the Avera EAP until June 8, 2026.

Future State

- With the integration, Lewis Drug is joining the employee assistance program (EAP) with Sanford Health.
- Lewis Drug employees and their family members will use the VITAL WorkLife EAP beginning on May 1, 2026.
- Lewis Drug employees and their family members will have access to expanded EAP services and 6 sessions per incident for coaching and counseling.
- We'll provide employees and leaders with information on where to find resources.
- The month of May will be an overlap month for Lewis Drug employees to begin exploring the resources and help ensure a smooth transition.

Continuing Care

- You're not alone during the transition, we're here to help you navigate ways to continue the services you're currently receiving and access new services.
- If you are currently using Avera EAP sessions with a provider, you can finish out your sessions through July 8, 2026.
- If you start a new round of sessions through the Avera EAP between now and June 8, 2026, you will be able to continue those sessions through July 8, 2026.
- If your current provider is not in the VITAL WorkLife network and they are interested in joining, they can complete the [prospective consultant form](#).
- If you need or would like to find a new provider, contact VITAL WorkLife at (800) 383-1908 to speak with a representative who can assist you with the process.

Launch Date

May 1, 2026

Services Offered

- Free, confidential counseling (mental health, family, substance use, etc.)
- In-person, telephonic and virtual counseling services
- Online therapy in partnership with BetterHelp
- Legal and financial consultations
- WorkLife support resources (childcare, eldercare, relocation)
- Work and life coaching and self-guided tools

Socialization

Executives	May 2025
Leaders	May 2025
Employees	May 2025
Postcard	May 2026

Current Provider Ends Avera, June 8, 2026

How to access VITAL WorkLife

Member website (employer access code: sanford)	Submit an online member contact form for assistance	Call (800) 383-1908	Online therapy with BetterHelp (access code: sanford)
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